

Risultati - K5 - Classifica per categorie

Pos.	Nº	Cognome nome	Società	Giri	Tempo	Giro 1	Giro 2	Giro 3	Giro 4	Giro 5	Penalità	Distacco
Maschile Junior 12-14 anni (MJR) (1)												
1	328	TURCONI Tang Min	NORDIC WALKING ALTOMILANESE	5	36:06.9	07:07.4	07:24.1	07:25.9	07:14.9	06:54.5		-
Maschile 40-49 anni (M40) (3)												
1	319	PIPITONE Vincenzo	ASD WALK AND FITNESS	5	35:14.2	07:00.8	07:12.1	07:03.7	07:06.5	06:51.0		-
2	307	CIREDDU Alessandro	NORDIC WALKING ALTOMILANESE	5	35:17.1	06:57.8	07:00.2	07:08.1	07:11.1	06:59.7		+2.9
3	309	FELICE Sebastiano	TEAM TRIANGOLO LARIANO LAGO DI COMO	5	37:02.3	07:10.3	07:24.4	07:27.3	07:38.0	07:22.1		+1:48.1
Maschile 50-59 anni (M50) (7)												
1	322	RONCHI Mauro	ASD WALK AND FITNESS	5	30:42.1	05:53.1	06:08.6	06:12.0	06:17.4	06:10.8		-
2	318	PALUMBO Claudio	ASD NORDIC WALKING RIVOLI & VALSUSA	5	32:25.0	06:10.8	06:31.9	06:35.6	06:39.0	06:27.4		+1:42.9
3	324	SANDIANO Sergio	OUTDOOR OLTREPO'	5	33:58.9	06:34.3	06:54.7	07:03.1	06:50.2	06:36.4		+3:16.8
4	313	GUERRINI Ermanno	NORDIC WALKING ALTOMILANESE	5	36:11.9	07:05.7	07:15.6	07:17.7	07:25.9	07:06.9		+5:29.8
5	308	DIACO Raffaele	NORDIC WALKING ALTOMILANESE	5	38:18.8	07:17.9	07:48.6	07:45.8	07:48.7	07:37.7		+7:36.7
6	306	CIANCARELLI Carlo	ASD NORDIC WALKING RIVOLI & VALSUSA	5	41:24.3	08:01.1	08:10.9	08:30.0	08:32.3	08:09.9		+10:42.2
7	312	GIARDINI Raimondo	NORDIC WALKING ALTOMILANESE	5	44:48.3	08:48.9	08:57.6	08:53.2	09:06.5	09:01.9		+14:06.2
Maschile 60-69 anni (M60) (5)												
1	303	BARBIERI Alberto	LA FRATELLANZA 1874	5	31:55.9	06:06.0	06:22.0	06:28.1	06:34.0	06:25.6		-
2	325	SOCCINI Emanuele	ASD NORDIC WALKING COMO	5	33:47.5	06:25.0	06:30.6	06:38.5	06:54.1	06:49.1	+0:30	+1:51.6
3	311	FRANCESE Carlo	ASD NORDIC WALKING RIVOLI & VALSUSA	5	34:04.4	06:40.5	06:51.1	06:59.2	07:02.4	06:31.0		+2:08.5
4	321	POZZI Giorgio	NORDIC WALKING ALTOMILANESE	5	36:23.0	07:08.4	07:21.4	07:21.8	07:25.3	07:05.9		+4:27.1
5	302	ARGUINARIZ TORRES Andres Ricardo	ASD NORDIC WALKING RIVOLI & VALSUSA	5	37:00.8	07:14.7	07:18.9	07:27.5	07:38.2	07:21.2		+5:04.9
Maschile Senior over 70 anni (M70) (1)												
1	326	SONCIN Nerio	ASD NORDIC WALKING RIVOLI & VALSUSA	5	41:45.2	08:24.3	08:07.7	08:21.0	08:27.9	07:54.1	+0:30	-
Femminile Ragazze 15-17 anni (FRAG) (1)												
1	327	TURCONI Mai	NORDIC WALKING ALTOMILANESE	5	42:08.1	08:02.4	08:34.6	08:36.0	08:33.0	08:22.0		-
Femminile 40-49 anni (F40) (4)												
1	305	CARMASSI Angela	ASD WALK AND FITNESS	5	33:48.5	06:32.2	06:43.4	06:50.8	07:02.2	06:39.7		-
2	317	PAGANI Luciana	NORDIC WALKING ALTOMILANESE	5	39:40.3	07:35.4	07:54.9	07:59.6	08:10.2	07:59.9		+5:51.8
3	304	CAPRARELLA Sara	ASD WALK AND FITNESS	5	44:47.3	08:33.3	08:53.9	09:07.5	09:09.5	09:02.9		+10:58.8
4	323	ROSSETTI Roberta	NORDIC WALKING ALTOMILANESE	5	48:01.1	09:07.8	09:34.8	09:50.5	09:51.4	09:36.5		+14:12.6
Femminile 50-59 anni (F50) (4)												
1	314	MENGA Mirella	LA FRATELLANZA 1874	5	33:17.4	06:31.9	06:36.2	06:37.7	06:48.5	06:42.9		-
2	320	PIVA Isa	REFIT SRL SSD	5	38:37.6	07:37.0	07:41.9	07:47.7	07:51.8	07:38.9		+5:20.2
3	315	MISTRONI Annunziata	ASD NORDIC WALKING RIVOLI & VALSUSA	5	38:57.5	07:43.5	07:46.4	07:53.1	07:56.9	07:37.4		+5:40.1
4	310	FERVORINI Alessandra	NORDIC WALKING ALTOMILANESE	5	45:36.8	08:38.3	09:01.3	09:16.8	09:26.1	09:14.1		+12:19.4

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Villa Cortese (MI) · domenica 24 settembre 2023



ASD
CRONOMETRISTI
LECCHESI

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Femminile 60-69 anni (F60) (1)												
1	316	NASTASIA Rosetta	NORDIC WALKING ALTOMILANESE	5	40:33.0	07:46.7	08:00.7	08:15.6	08:20.6	08:09.1		-